

WINTER PROGRAM GUIDE



2026

Cranston Residents
Association

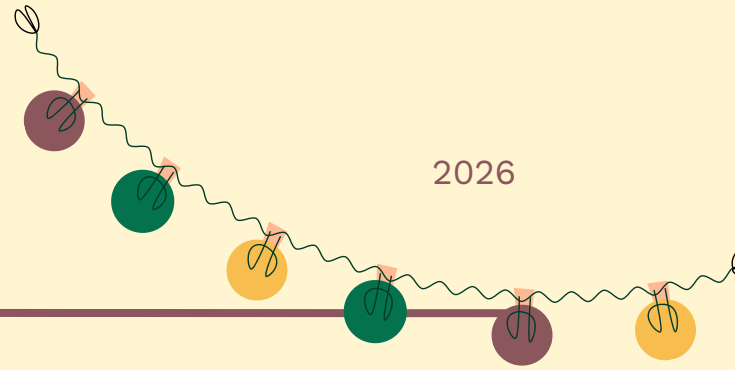


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Rental Information

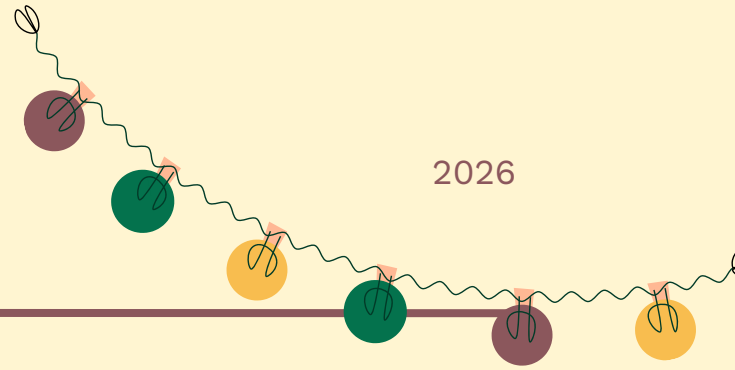
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CONTACTS

General Inquires **Front Desk Staff**

403-781-6614 ext.0
info@cranstonra.ca

General Manager **Stacy Marks**

gm@cranstonra.ca

Facility Manager **Jim Hoffman**

fm@cranstonra.ca

Office Manager **Lanis Robinson**

admin@cranstonra.ca

Recreation Manager **Cole Peralta**

rec@cranstonra.ca

Programs Coordinator **Nathaniel Carrington**

programs@cranstonra.ca

Community Engagement & Experience Specialist

Fatima Llamzon

cec@cranstonra.ca



cranstonra.ca



Cranston Residents
Association at Century Hall



[@cranston.centuryhall](https://www.instagram.com/cranston.centuryhall)



RESIDENT INFORMATION



11 Cranarch Road SE
Calgary, AB T3M 0S8

Park & Facility Hours

Monday to Sunday

9:00 AM-9:00 PM

Please note: Hours subject to change due to inclement weather or holidays

Hockey & Pleasure Rink

The Outdoor Hockey Rink and Pleasure Rink will open when the weather permits. More information will be posted on our social media pages and website at a later date.

Gymnasium

To view the full gym schedule, visit our website at cranstonra.ca.

Facility Card Access

Please be aware residents aged 10 and above are required to have their own membership card to access the facility.

To make a card, please bring a piece of ID (if you are 18+) or come with a parent or guardian (if you are between 10 and 17).

Guest Policy

- Adult residents 5 guests per household per day.
- Youth residents can bring 2 per household per day.
- Guests cannot be Cranston residents.
- Residents must also remain present at all times when their guests are utilizing the facility.

CENTURY HALL RENTAL RATES



CRANSTON RESIDENTS ASSOCIATION

	Dimensions	Capacity	Hourly Rates		
			Resident	Brookfield Community	Non-Resident
Heritage Hall ABC 2652 sq. feet	34 ft. by 78 ft.	135 Guests	\$97.00	\$109.00	\$122.00
Heritage A 1037 sq. feet	34 ft. by 30.5 ft.	50 Guests	\$64.25	\$72.95	\$81.00
Heritage B 850 sq. feet	34 ft. by 25 ft.	40 Guests	\$53.00	\$60.00	\$67.00
Heritage C 765 sq. feet	34 ft. by 22.5 ft.	35 Guests	\$53.00	\$60.00	\$67.00
Heritage A & B 1887 sq. feet	34 ft. by 55.5 ft.	90 Guests	\$75.00	\$84.65	\$95.35
Heritage B & C 1615 sq. feet	34 ft. by 47.5 ft.	80 Guests	\$69.35	\$78.00	\$87.20
Vista 639 sq. feet	18 ft. by 35.5 ft.	30 Guests	\$55.60	\$62.75	\$70.40
Riverside 534 sq. feet	17.5 ft. by 30.5 ft.	25 Guests	\$55.60	\$62.75	\$70.40
Legacy (Board Room) 369 sq. feet	18 ft. by 20.5 ft.	15 Meeting	\$34.45	\$37.75	\$41.80
Gym 5159 sq. feet	57 ft. by 90.5 ft.		Party Package Only	Party Package Only	Party Package Only

Minimum two-hour rental for Heritage Room(s)

Additional Charges

Mandatory after-hours security fee applies for rentals ending between 9:00pm and 1:00am.

Mandatory after-hours teardown fee applies for rentals ending between 8:30pm and 1:00am.

SOCAN and Re:Sound fees apply for bookings with music and/or dancing.

BIRTHDAY PARTY PACKAGES

Birthday Party Package

The package includes:

- 2 hours in both the gymnasium and Riverside Room.
- Drop-in equipment
- Toddler equipment (ages 4-0) available upon request
- Access to the upstairs kitchen
- Setup: 5 tables + 25 chairs in Riverside Room
- Maximum of 25 guests.

Time Slots

Saturdays

- 12:30 PM to 2:30 PM
- 3:00 PM to 5:00 PM

Sunday

- 3:00 PM to 5:00 PM

Rates

Resident Rate: \$154.00 + GST

Brookfield Rate: \$164.00 + GST

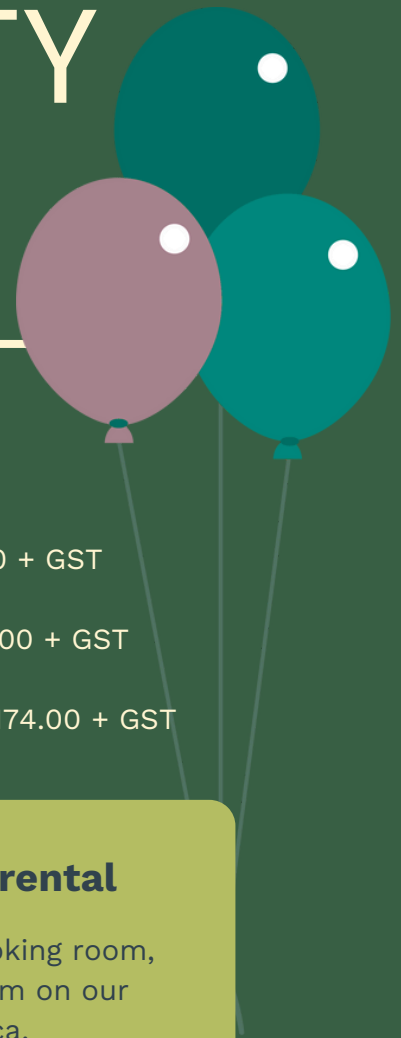
Non-Resident Rate: \$174.00 + GST

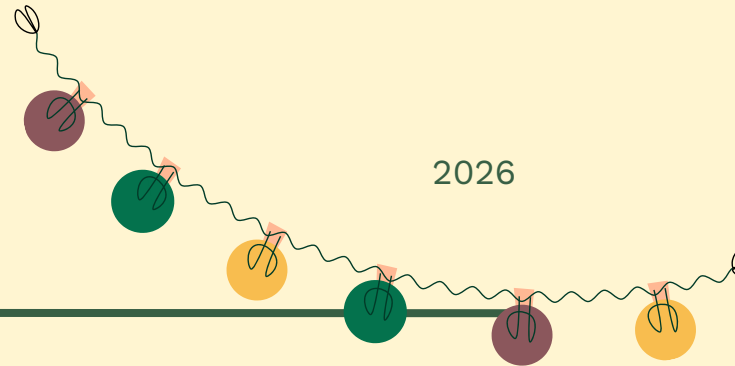
How to book a rental

To inquire about booking room, fill out a booking form on our website cranstonra.ca.

The form can be found under the menu item *Facility Rentals* and on the *Rental Rates & Booking Info* page.

If you have any questions, please email rentals@cranstonra.ca





CRA CLUBS

CHESS CLUB



First Thursday of every month

6:30 PM-8:30 PM

Chess club is a drop-in program open to Cranston residents of all ages and levels.

KNITTING CLUB



Third Tuesday of every month

6:30 PM-8:30 PM

Calling all knitting enthusiasts! Knitting club is drop-in program open to Cranston residents of all ages and knitting skills.

SENIORS SOCIAL



Every Wednesday

1:00 PM-3:00 PM

Come and drop-in to our Seniors Social Club! Residents are welcome to come and meet other residents in the community, all whilst playing games!



WINTER EVENTS

CHRISTMAS MARKET



Saturday, November 15

10:00 AM - 3:00 PM

Support local at our Annual Grand South Christmas Market! Featuring unique, locally made artisan products, this market offers a fantastic holiday shopping experience.



WINTER WONDERLAND



Saturday, December 13

2:00 PM - 5:00 PM

Mark your calendars for Winter Wonderland on Saturday, December 13th! Join us for a festive celebration with activities, games, and music to get you into the holiday spirit!



WHOVILLE AFTER DARK



Wednesday, December 3

6:30 PM - 8:30 PM

Join Flower Aura by Natasha for a Whoville-worthy DIY workshop where you'll twist, curl, and swish your way to your very own 'Grinch Tree'!

We'll provide all the tools, trimmings, and step-by-step magic—plus two drink tickets to keep your holiday spirit merrier than a Who on Christmas morning!

Ages 18+. Registration required.



PROGRAM LIST

DAY	AGE	PROGRAM NAME	TIME
MON	2-3	Sportball T-ball Soccer	4:10 PM-4:50 PM
MON	3-5	Sportball T-ball Soccer	5:00 PM-5:55 PM
MON	5-8	Sportball T-ball Soccer	6:05 PM-7:00 PM
MON	3-5	Multi-Sport	10:05 AM-11:00 AM
MON	3-5	Triple Fun	5:30 PM-6:30 PM
MON	7-10	Hip-Hop	6:45 PM-7:45 PM
MON	16+	Zumba	7:00 PM-7:45 PM
MON	18+	Pickleball	7:15 PM-8:45 PM
TUE	4-6	Dance Explosion	5:30 PM-6:15 PM
TUE	6-10	Musical Theater	6:30 PM-7:30 PM
TUE	9-12	Intro to Volleyball	4:30 PM- 5:30 PM
TUE	6-9	Tennis	5:45 PM-6:35 PM
TUE	4-6	Little Vet School - Inspired Cat Vets	5:00 PM-6:00PM
TUE	7-12	Little Vet School - Inspired Cat Vets	6:15 PM-7:15 PM
TUE	18+	Chair Yoga	11:50 AM-12:40 PM
TUE	18+	Yoga for Healthy Aging	1:00 PM-1:50 PM
WED	3.5-5	Young Rembrandts	5:00 PM-5:45 PM
WED	6-10	Young Rembrandts	6:00 PM-7:00 PM
WED	5-7	Basketball Hoopla	5:00 PM-5:50 PM
WED	8-10	Basketball Hoopla	6:00 PM-6:50 PM
WED	11-14	Basketball Hoopla	7:00 PM-7:50 PM
THUR	10-13	Badminton	5:30 PM-6:20 PM
THUR	5-7	Strong Girls	5:30 PM-6:30 PM
THUR	8-11	Strong Girls	6:30 PM-7:30 PM
THUR	12-14	Strong Girls	7:30 PM-8:30 PM
THUR	6-9	Intro to Karate	5:30 PM-6:20 PM
SAT	16-24m	Multi-Sport	9:10 AM-9:50 AM
SAT	2-3	Multi-Sport	10:00 AM-10:40 AM
SAT	3-5	Multi-Sport	10:50 AM-11:45 AM
SAT	5-7	Engineering for Kids	12:00 PM-1:00 PM
SAT	8-12	Engineering for Kids	1:30 PM-3:00 PM
SUN	3-5	Introductory Skating	3:30 PM-4:20 PM
SUN	6-8	Introductory Skating	4:30 PM-5:20 PM
SUN	5-7	Introductory Hockey	5:30 PM-6:20 PM
SUN	8-11	Introductory Hockey	6:30 PM-7:20 PM
SUN	18+	Adult Tennis - Beginners Class	1:00 PM-1:50 PM
SUN	18+	Adult Tennis - Intermediate Class	2:00 PM-2:50 PM

PROGRAM POLICIES



Cancellations

All classes are subject to cancellation if there is insufficient registration. Class cancellations will happen one week prior to classes starting. Should a class be cancelled, you will be notified by email at least one day prior to the start of class. The following options are available should a class be cancelled:

- Transfer participant into another program. Subject to space availability.
- Receive an account credit on your registration account.
- Receive a refund for the full amount of the program registration.

Withdrawals & Refund Requests

All withdrawal requests must be provided in writing to the Programs Coordinator by email to: programs@cranstonra.ca

A **\$20.00 administrative fee** is charged per participant for all program withdrawals requested after a program has started.

Note: Any payment done with debit card will receive a refund through cheque.

HOW TO REGISTER

Online Registration

Online registration is available at: cranstonra.perfectmind.com

Logging in to your account

If you are a Cranston resident, you are already in our system. Please do not create a new account. Instead, log in to your account or contact us at 403-781-6614 or info@cranstonra.ca to create an account or send you a password reset.

Adding members to your account

If you need to add family members to your account, you may do so once you have logged in. In order to receive the Cranston Resident Rate, you will need to call us at 403-781-6614 or email us at info@cranstonra.ca so we can activate their membership.

Registration in-person or over the phone

Our facility is open from 9:00 AM to 9:00 PM Monday to Sunday. Our Customer Service Representative will be happy to help with your registration. Please call (403)781-6614 ext. 0

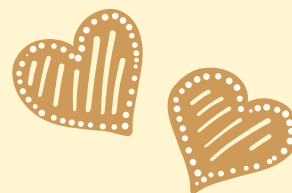
Registration Dates

Cranston Residents

Opens October 14 2025

Non-Residents

Opens October 21 2025



SPORTBALL T-BALL SOCCER (10 CLASSES)

Kick off the fun with Sportball Soccer & T-Ball! Kids learn basic gameplay and skills in a supportive, non-competitive environment. Half the class focuses on soccer skills like dribbling, passing, and goalie work, while the other half covers T-ball skills like throwing, batting, and fielding.

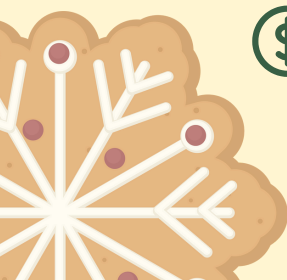
	JANUARY 12-MARCH 23 (NO CLASS FEBRUARY 16)
	Ages 2-3 (parented): 4:10 PM-4:50 PM Ages 3-5: 5:00 PM-5:55 PM Ages 5-8: 6:05 PM-7:00 PM
	RR: \$199.00 BR: \$211.00 NR: \$219.00

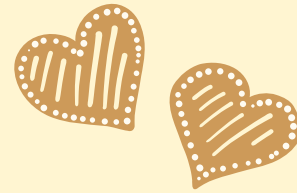


MULTI-SPORT (10 CLASSES)

Sportball Multi-Sport programs introduce preschool and primary school children to eight core sports. We focus on teamwork and skill development rather than winning, fostering confidence and social skills for success in sports and life

	JANUARY 12-MARCH 23 (NO CLASS FEBRUARY 16)
	Ages 3-5: 10:00 AM-11:00 AM
	RR: \$199.00 BR: \$211.00 NR: \$219.00





TRIPLE FUN (10 CLASSES)

Students are introduced to three aspects of performing arts: singing, acting and dancing in a playful environment. They will learn simple songs and use popular stories with a hint of their own imagination to create mini-musical plays weekly. Costumes are also provided for dress up fun!

	JANUARY 12-MARCH 23 (NO CLASS FEBRUARY 16)
	Ages 3-5: 5:30 PM-6:30 PM
	RR: \$199.00 BR: \$211.00 NR: \$219.00

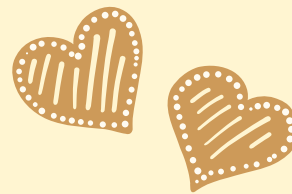


HIP-HOP (10 CLASSES)

Participants will learn the coolest moves of today and showcase their own style. The basics of several urban dance styles are introduced and dancers of all ages will build confidence and be funky while learning a short routine!

	JANUARY 12-MARCH 23 (NO CLASS FEBRUARY 16)
	Ages 7-10: 6:45 PM-7:45 PM
	RR: \$199.00 BR: \$211.00 NR: \$219.00





DANCE EXPLOSION (11 CLASSES)

An explosion of dance styles! We will look at jazz, tap, ballet, creative movement, hip hop and more. A great fast paced introduction to the world of dance!

	JANUARY 13-MARCH 24
	Ages 4-6: 5:30 PM-6:15 PM
	RR: \$219.00 BR: \$232.00 NR: \$241.00

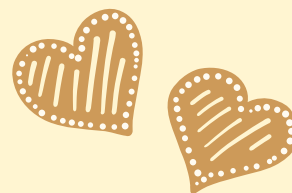


MUSICAL THEATER (11 CLASSES)

In this introduction to musical theatre, students will learn all the music, words, and a choreographed dance to a song that they will perform for their families on the last day of class. Characters and costumes will round out the class where creativity is encouraged!

	JANUARY 13-MARCH 24
	Ages 6-10: 6:30 PM-7:30 PM
	RR: \$219.00 BR: \$232.00 NR: \$241.00





INTRO TO VOLLEYBALL (10 CLASSES)

Get ready to jump into the exciting world of volleyball! Our Grassroots Volleyball program is the perfect place for kids aged 9–12 to learn the basics of the game in a fun, supportive, and active environment. Whether your child is brand new to volleyball or just wants to build their skills, this program focuses on teamwork, coordination, and confidence through age-appropriate drills and games.

Led by Rampage Volleyball, each session includes warm-ups, skill-building activities (like passing, serving, and setting), and plenty of game play. No experience needed—just bring your energy and a smile! This Class is also Co-Ed meaning it is both for girls and boys.

	JANUARY 13–MARCH 17
	Ages 9–12: 4:30 PM–5:30 PM
	RR: \$236.00 BR: \$249.00 NR: \$259.00

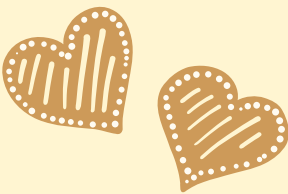


TENNIS (10 CLASSES)

This program focuses on movement training, including running, jumping, catching, and hand-eye coordination. Participants will play coordination games, practice footwork, and build skills. Please bring your own racket; limited rackets are available

	JANUARY 13–MARCH 17
	Ages 6–9: 5:45 PM–6:35 PM
	RR: \$212.00 BR: \$224.00 NR: \$233.00

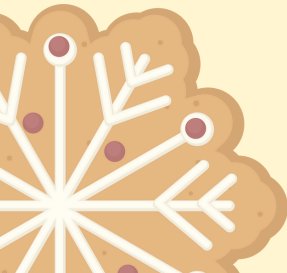


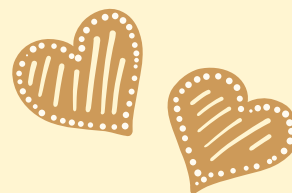


LITTLE VET SCHOOL - INSPIRED CAT VETS (6 CLASSES)

Our student Little Veterinarians will learn what it is to be feline specialists as they understand cat patients. They will practice doing a tip to tail cat health assessments, assess a cat’s body condition score, understand cat body language, learn about cat anatomy, about their domestic life and how to have a calmer cat. Students will be receiving their own Little Veterinarian School plush cat and lightweight white coats to keep, learn about new medical words and envision careers in veterinary medicine.

	February 3-March 10
	Ages 4-6: 5:00 PM-6:00 PM Ages 7-12: 6:15 PM-7:15 PM
	RR: \$160.00 BR: \$169.00 NR: \$176.00





YOUNG REMBRANDTS (11 CLASSES)

Young Rembrandt's art classes teach foundational drawing skills essential for artistic development. Through step-by-step instruction, children build techniques to express creativity, boost confidence, and strengthen self-esteem. Participants will see improved art skills, enhanced learning abilities, and a deeper appreciation for their creative potential.

	JANUARY 14-MARCH 25
	Pre-school (ages 3.5-5): 5:00 PM-5:45 PM Elementary (ages 6-10): 6:00 PM-7:00 PM
	RR: \$197.00 BR: \$209.00 NR: \$217.00

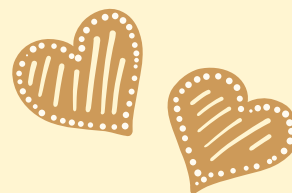


BASKETBALL HOOPLA (10 CLASSES)

Kids who love basketball will build their skills and knowledge through fun games, drills, and activities. Led by Coach Will Prince, this program supports all skill levels with adaptable instruction. Each session encourages teamwork, confidence, and a lasting passion for the game—leaving kids motivated to keep improving.

	JANUARY 14-MARCH 25
	Ages 5-7: 5:00 PM-5:50 PM Ages 8-10: 6:00 PM-6:50 PM Ages 11-14: 7:00 PM-7:50 PM
	RR: \$173.00 BR: \$183.00 NR: \$190.00





BADMINTON (9 CLASSES)

Dive into the world of badminton with our expert instructor, where students develop and perfect essential fundamental movements. From honing serves, smashes, and drop shots to understanding court positioning, this program provides a thorough exploration of badminton basics.

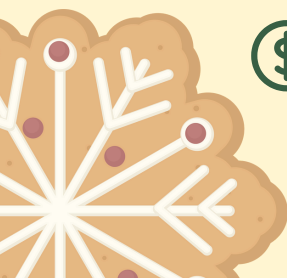
	JANUARY 15-MARCH 12
	Ages 10-13: 5:30 PM-6:20 PM
	RR: \$203.00 BR: \$215.00 NR: \$224.00

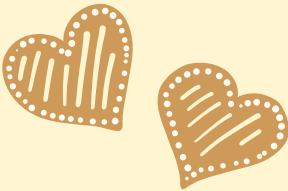


STRONG GIRLS (11 CLASSES)

Strong Girls Fitness is designed for girls to help develop a positive body image and confidence through a great workout with new friends. All movements are functional to everyday life and only use body weighted exercises. While enjoying and learning about the importance of staying active.

	JANUARY 15-MARCH 26
	Ages 5-7: 5:30 PM-6:30 PM Ages 8-11: 6:30 PM-7:30 PM Ages 12-14: 7:30 PM-8:30 PM
	RR: \$176.00 BR: \$186.00 NR: \$193.00

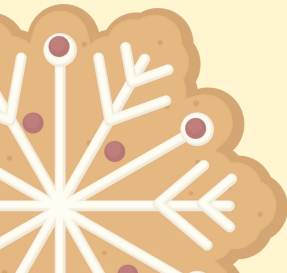


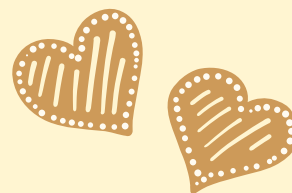


INTRO TO KARATE (11 CLASSES)

This introductory Shotokan Karate course is a fun way to stay active while building confidence and learning self-defense. Students will cover basic martial arts principles like punches, blocks, kicks, and katas (routines), with games and partner work to keep it engaging while promoting discipline.

	JANUARY 15-MARCH 26
	Ages 6-9: 5:30 PM-6:20 PM
	RR: \$190.00 BR: \$201.00 NR: \$209.00





MULTI-SPORT (11 CLASSES)

Sportball Multi-Sport programs introduce preschool and primary school children to eight core sports. We focus on teamwork and skill development rather than winning, fostering confidence and social skills for success in sports and life

	JANUARY 17-MARCH 28
	16-24m (parented): 9:10 AM-9:50 AM Ages 2-3 (parented): 10:00 AM-10:40 AM Ages 3-5: 10:50 AM-11:45 AM
	RR: \$219.00 BR: \$232.00 NR: \$241.00

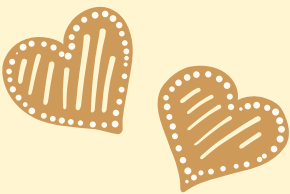


ENGINEERING FOR KIDS (6 CLASSES)

Engineering for Kids instructors guide young engineers through hands-on activities to explore various engineering concepts and design solutions

	February 21-March 28
	Ages 5-7: 12:00 PM-1:00PM
	RR: \$136.00 BR: \$144.00 NR: \$149.00

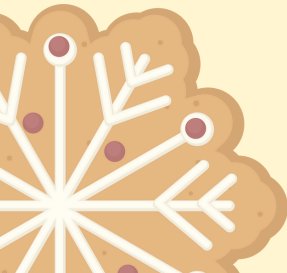
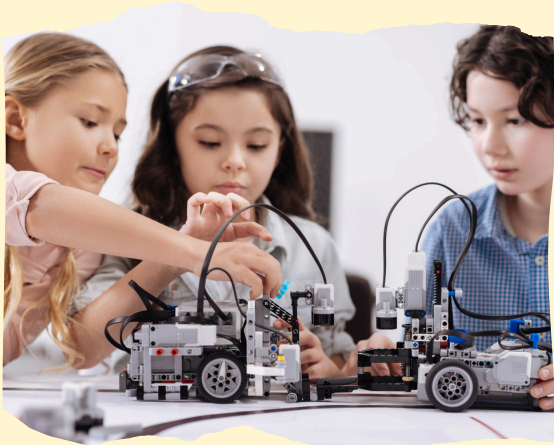


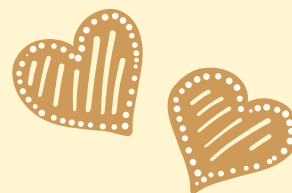


ENGINEERING FOR KIDS (6 CLASSES)

Engineering for Kids instructors guide young engineers through hands-on activities to explore various engineering concepts and design solutions

	February 21-March 28
	Ages 8-12: 1:30 PM-3:00 PM
	RR: \$203.00 BR: \$215.00 NR: \$224.00





INTRODUCTORY SKATING (10 CLASSES)

A fun and exciting way to get comfortable on the ice. This program focuses on teaching and developing basic skating fundamentals. These skating lessons will help participants feel more confident playing hockey, figure skating, speed skating or to just going skating with friends

	JANUARY 18-MARCH 22
	Ages 3-5: 3:30 PM-4:20 PM Ages 6-8: 4:30 PM-5:20 PM
	RR: \$213.00 BR: \$225.00 NR: \$234.00

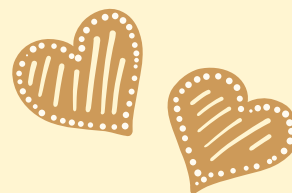


INTRODUCTORY HOCKEY (10 CLASSES)

Students will learn basic hockey skills on the ice! All levels are encouraged as participants will practice skating, passing, and of course – scoring! This program offers a variety of fun tips and tricks to becoming a sensational hockey star, all while making new friends! Having done previous skating lessons is a prerequisite. If you have not done lessons before, you may be pulled from the class.

	JANUARY 18-MARCH 22
	Ages 5-7: 5:30 PM-6:20 PM Ages 8-12: 6:30 PM-7:20 PM
	RR: \$213.00 BR: \$225.00 NR: \$234.00





PICKLEBALL (9 CLASSES)

Perfect for those new to the game, this program is designed for participants who have never played pickleball before and are eager to step onto the courts for the first time! They'll learn sound fundamentals and techniques while having fun. The program covers correct technique, scoring, rules, strategies, and efficient footwork.



JANUARY 12-MARCH 16
(NO CLASS FEBRUARY 16)



Ages 18+: 7:15 PM-8:45 PM



RR: \$209.00

BR: \$221.00

NR: \$230.00



ZUMBA (10 CLASSES)

Zumba is a high-energy fitness program with music and dance moves suitable for ages 16+ and all fitness levels. Join our vibrant classes for a fun way to burn calories, improve cardiovascular health, and tone muscles!



JANUARY 12-MARCH 23
(NO CLASS FEBRUARY 16)



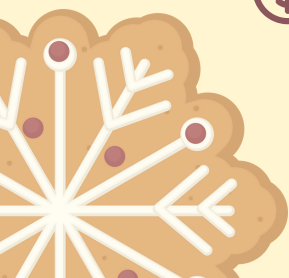
Ages 16+: 7:00 PM-7:45 PM

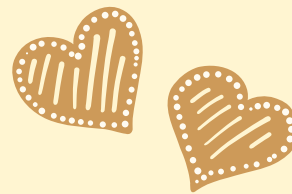


RR: \$199.00

BR: \$211.00

NR: \$219.00





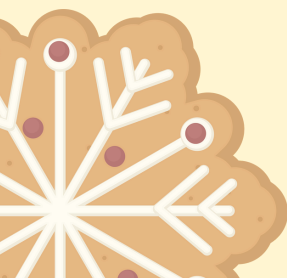
YOGA (9 CLASSES)

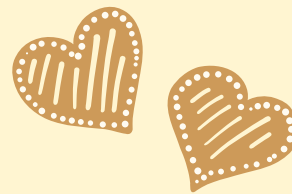
Join us for a welcoming series of yoga classes for all skill levels, ages 18+. Each class uses props like bolsters, blankets, chairs, straps, blocks, and wall support to enhance comfort and accessibility.

- **Yoga for Healthy Aging** – Supports joint health, balance, flexibility, and strength with gentle movement.
- **Chair Yoga** – A seated and standing practice using a chair to build tone, balance, and breathing awareness.

Please bring your own yoga mat to each class.

	JANUARY 18-MARCH 22 (NO CLASS JAN 27 & FEB 3)
	Chair Yoga: 11:50 AM-12:40 PM Yoga for Healthy Aging: 1:00-1:50 PM
	RR: \$227.00 BR: \$240.00 NR: \$250.00

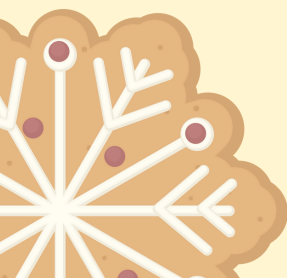




ADULT TENNIS (10 CLASSES)

Combined movement training such as running, jumping, catching and hand-eye coordination are skills that will be a focus of this program. You will also take part in hand-eye coordination games, foot-work exercises, and fun skill building activities. You are required to bring your own racket and wear comfortable clothing along with running shoes.

	JANUARY 18-MARCH 22
	Beginners Class: 1:00 PM-1:50 PM Intermediate Class: 2:00 PM-2:50 PM
	RR: \$213.00 BR: \$225.00 NR: \$234.00



CRANSTON RESIDENTS ASSOCIATION

Property owners in the community of Cranston are automatically a member of the Cranston Residents Association (Cranston RA). The Cranston RA is a not-for-profit organization which manages assets owned by the Association for the benefit of Cranston residents.

The Cranston RA annual fees support maintenance of the Century Hall facility and seven acre outdoor park, programmed Cranston RA events, activities, and the Cranston Connect website. The Cranston RA also owns and maintains several decorative corners, the Art Park, the Windmill site and Cranston entry features. Benefits of membership include access to the Century Hall facility and outdoor park, and resident rates for Cranston RA programs and events.

For more information on future Cranston RA programs and events, please visit our website: www.cranstonra.ca.

Contact us

Phone: 403-781-6614

Email: info@cranstonra.ca