

GYM SCHEDULE: SUBJECT TO CHANGE

July 7 - August 10 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
09:00 AM	OPEN GYM (All Ages) 9:00am - 12:45pm	Toddler Playtime 9:00am - 12:00pm	Drop In: Pickleball 9:00am - 12:00pm	Toddler Playtime 9:00am - 12:00pm	Drop In: Pickleball 9:00am - 12:00pm	OPEN GYM (All Ages) 9:00am - 12:00pm	Gym Closed for Southwinds Church 9:00am - 1:00pm	
09:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM	OPEN GYM No Nets (All Ages) 12:15pm - 12:45pm	OPEN GYM No Nets (All Ages) 12:15pm - 12:45pm	OPEN GYM No Nets (All Ages) 12:15pm - 12:45pm	OPEN GYM No Nets (All Ages) 12:15pm - 12:45pm	Private Rentals 12:30pm - 5:00pm	OPEN GYM (All Ages) 1:00pm - 2:45pm		
01:00 PM								
01:30 PM								
02:00 PM								
02:30 PM								
03:00 PM								
03:30 PM								
04:00 PM	OPEN GYM (All Ages) 3:15pm - 8:45pm	OPEN GYM (All Ages) 3:15pm - 6:30pm	OPEN GYM (All Ages) 3:15pm - 4:45pm	OPEN GYM (All Ages) 3:15pm - 4:15pm	OPEN GYM (All Ages) 3:15pm - 6:15pm	Private Rentals 3:00pm - 5:00pm	Private Rentals 3:00pm - 5:00pm	
04:30 PM								
05:00 PM								
05:30 PM								
06:00 PM								
06:30 PM		Drop-In: Pickleball 6:45pm - 8:45pm	Cranston RA Programs 5:00pm - 7:50pm	Cranston RA Programs 4:30pm - 6:30pm	Drop-In: Youth Night 6:30pm - 8:45pm	OPEN GYM (All Ages) 5:15pm - 8:45pm	OPEN GYM (All Ages) 5:15pm - 6:45pm	
07:00 PM								
07:30 PM								
08:00 PM								
08:30 PM								
09:00 PM		Closed		Open Gym 8:00pm - 8:45pm	Closed			Adult Ball Hockey (16+) 7:00pm - 8:45pm

THE GYM SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE TO SUPPORT OPERATIONAL NEED

*Residents must provide a Cranston access card to gain facility access, residents are permitted up to 5 guests per household per day (2 guests for youth).

**Non-Resident Drop-In Pickleball and Badminton users will be required to pay a Drop-In Fee upon arrival. No guests are permitted during these time slots.

Stat Holidays this gym schedule: August 1st. Facility Hours 10:00am - 6:00pm. Open Gym all day.