

CRANSTON'S

FALL

PROGRAM

GUIDE

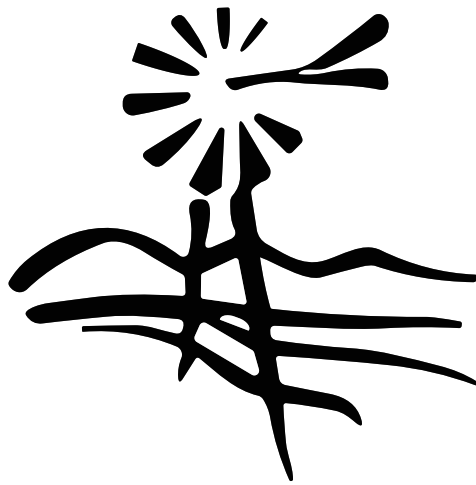


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IMPORTANT CONTACTS

STACY MARKS

General Manager
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Recreation Manager
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NATHANIEL CARRINGTON

Programs Coordinator
Programs@cranstonra.ca

RANDY SCHISSLER

Community Engagement
Coordinator
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GENERAL INQUIRIES

Phone: 403-781-6614
Info@cranstonra.ca

SOCIAL MEDIA

 Cranston RESIDENTS
Association at Century Hall
 @cranston.centuryhall

CENTURY HALL

Location: 11 Cranarch Road SE
Calgary, AB T2Y 2E2

RESIDENT INFORMATION

Park and Facility Hours

Monday to Sunday: 9am to
9pm

Note: Holiday hours may affect
these times.

Gymnasium

Please visit our website for the
full schedule: www.cranstonra.ca

Facility Access Cards

Please be aware that residents aged
10 and above are required to
possess an individual access card
for entry into Century Hall both
indoor and outdoor.

If you do not possess a card, please
present a copy of your ID as proof
of residency to obtain your
permanent membership cards. In
the event of a lost or misplaced
card, a replacement will be issued
for a fee of \$5.00.

Guests

Adult residents are permitted to bring a maximum of 5 guests per
household per day, while youth may bring a maximum of 2 guests per day.

Residents must remain present at all times when their guests are utilizing
the facility. Please note that guests cannot be Cranston residents.



BIRTHDAY PARTIES

How To Book

Birthday party package includes:

- 2 hours in both the gym and Riverside room simultaneously.
- Access to the drop-in equipment.
- 5 rectangle tables and 25 chairs setup in the Riverside room.
- Kitchen access available (located upstairs)
- Maximum of 25 guests.

To book your party, please fill out the rental contract found on our website at www.cranstonra.ca

Rates

Resident Rate: \$154.00 + GST

Brookfield Rate: \$164.00 + GST

Non-Resident Rate: \$174.00 +
GST

Time Slots

Saturdays: 12:30pm to 2:30pm

&

3:00pm to 5:00pm

Sundays: 3:00pm to 5:00pm



CRANSTON CENTURY HALL RENTALS



CRANSTON
RESIDENTS ASSOCIATION

Rental Rates

www.cranstonra.ca

	Dimensions	Capacity	Hourly Rates		
			Resident	Brookfield Community	Non-Resident
Heritage Hall ABC 2652 sq. feet	34 ft. by 78 ft.	135 Guests	\$97.00	\$109.00	\$122.00
Heritage A 1037 sq. feet	34 ft. by 30.5 ft.	50 Guests	\$64.25	\$72.95	\$81.00
Heritage B 850 sq. feet	34 ft. by 25 ft.	40 Guests	\$53.00	\$60.00	\$67.00
Heritage C 765 sq. feet	34 ft. by 22.5 ft.	35 Guests	\$53.00	\$60.00	\$67.00
Heritage A & B 1887 sq. feet	34 ft. by 55.5 ft.	90 Guests	\$75.00	\$84.65	\$95.35
Heritage B & C 1615 sq. feet	34 ft. by 47.5 ft.	80 Guests	\$69.35	\$78.00	\$87.20
Vista 639 sq. feet	18 ft. by 35.5 ft.	30 Guests	\$55.60	\$62.75	\$70.40
Riverside 534 sq. feet	17.5 ft. by 30.5 ft.	25 Guests	\$55.60	\$62.75	\$70.40
Legacy (Board Room) 369 sq. feet	18 ft. by 20.5 ft.	15 Meeting	\$34.45	\$37.75	\$41.80
Gym 5159 sq. feet	57 ft. by 90.5 ft.		Party Package Only	Party Package Only	Party Package Only

Minimum two-hour rental for Heritage Room(s)

Additional Charges

Mandatory after-hours security fee applies for rentals ending between 9:00pm and 1:00am.

Mandatory after-hours teardown fee applies for rentals ending between 8:30pm and 1:00am.

SOCAN and Re:Sound fees apply for bookings with music and/or dancing.

\$300.00 damage deposit on credit card required for all bookings serving alcohol and/or requiring after hours

revised February 6, 2025 - prices subject to change

FALL EVENTS

CRANCHELLA

Saturday, September 27 | Afternoon - Evening

An outdoor music festival with live local bands, food trucks, a beer garden, and family-friendly vibes — bring a blanket and join the fun!



HALLOWEEN SPOOKTACULAR

Saturday, October 25 | Evening

Celebrate Halloween with music, games, and family-friendly fun — don your best costume and join the party!



FALL EVENTS

GRAND SOUTH CHRISTMAS MARKET

Saturday, November 15 | Morning - Afternoon

Kick off the season at our festive holiday market featuring local vendors, gift shopping, and giving opportunities for charity.



WINTER WONDERLAND

Saturday, December 13 | Afternoon

Celebrate the season with crafts, games, hot chocolate, and magical holiday guests — a cozy winter event for the whole family!



CRANSTON CLUBS

Chess Club

1st Thursday of every month
6:30-8:30 PM

Chess club is a drop-in program open to Cranston residents of all ages and levels.



Adult Games Night

3rd Wednesday of every month
6:30-8:30 PM

Adult Games Night (18+) is a drop-in program for Cranston residents ages 18+. Board games and cards will be provided. A bar and concession will also be open for purchase.



Knitting Club

3rd Tuesday of every month
6:30-8:30 PM

Calling all knitting enthusiasts! Knitting club is drop-in program open to Cranston residents of all ages and knitting skills.



Seniors Social

Every Wednesday
1:00-3:00 PM

Come and drop-in to our Seniors Social Club! Residents are welcome to come and meet other residents in the community, all whilst playing games!



PROGRAM POLICIES

No exceptions will be made to the policy outlined below. View the full policy on our website at www.cranstonra.ca

Cancellations

All classes are subject to cancellation if there is insufficient registration. Should a class be cancelled, you will be notified by email at least one day prior to the start of class.

The following options are available should a class be cancelled:

- Transfer participant into another program. Subject to space availability.
- Receive an account credit on your registration account.
- Receive a refund for the full amount of the program registration.

Withdrawals/ Refund Requests

All withdrawal requests must be provided in writing to the Programs Coordinator by email to: programs@cranstonra.ca

Once a program has started a \$20.00 administrative fee is charged per participant per program. No refunds will be issued for a program withdrawal request after 2 weeks of the program start date, unless for medical reasons and documentation is provided.

Note: Any payment done with debit card will receive a refund through cheque

REGISTRATION

How to Register

Online

Online registration is available at: www.cranstonra.ca

If you are a Cranston resident, you are already in our system. Please do not create a new account. Instead, please contact us for the log-in information for your pre-existing account. If you need to add family members to your account, you may do so once you have logged in. In order to receive the Cranston Resident rate, you must contact us to activate membership for each added person.

In-person or over the phone

Our facility is open from 9am until 9pm Monday to Sunday. Our Customer Service Representative will be happy to help with your registration. Please call (403)781-6614 ext. 0.

Registration Dates

Cranston Residents: Opens
July 22nd 2025
Non-Residents: Opens July
29th 2025



RR: \$219.00| BR: \$232.00| NR: \$241.00

A circular inset image showing a soccer ball with black and white panels hitting a white goal net against a blue sky background.[illegible]

CHILD PROGRAMS

MONDAY

Triple Fun (3-5 yrs): 11 classes

RR: \$219.00 | BR: \$232.00 | NR: \$241.00

Students are introduced to three aspects of performing arts: singing, acting and dancing in a playful environment. They will learn simple songs and use popular stories with a hint of their own imagination to create mini-musical plays weekly. Costumes are also provided for dress up fun!

September 15th - December 1st

(No class: Oct 13)

Time: 4:30 - 5:30 PM



So You Think You Can Dance (7-10 yrs): 11 classes

RR: \$219.00 | BR: \$232.00 | NR: \$241.00

This class has something for everyone! We will try out many of the styles of dance that you see on the popular television shows and learn some awesome choreography. A great introduction or extension into the world of dance! No experience necessary.

September 15th - December 1st

(No class: Oct 13)

Time: 5:45 - 6:45 PM

CHILD PROGRAMS

TUESDAY

Dance Explosion (4-6 yrs): 10 classes

RR: \$199.00 | BR: \$211.00 | NR: \$219.00

An explosion of dance styles! We will look at jazz, tap, ballet, creative movement, hip hop and more. A great fast paced introduction to the world of dance!

September 16th - December 2nd

(No class: Sept 30th, Nov 11th)

Time: 5:30 - 6:15 PM



Musical Theatre (6-10 yrs): 10 Classes

RR: \$199.00 | BR: \$211.00 | NR: \$219.00

In this introduction to musical theatre, students will learn all the music, words, and a choreographed dance to a song that they will perform for their families on the last day of class. Characters and costumes will round out the class where creativity is encouraged!

September 16th - December 2nd

(No class: Sept 30th, Nov 11th)

Time: 6:30 - 7:30 PM

CHILD PROGRAMS

TUESDAY

Tennis (6-9 yrs): 10 classes
 RR: \$186.00 | BR: \$197.00 | NR: \$205.00

This program focuses on movement training, including running, jumping, catching, and hand-eye coordination. Participants will play coordination games, practice footwork, and build skills. Please bring your own racket; limited rackets are available

September 16th - December 2nd
 (No class: Sept 30th, Nov 11th)
 Time: 5:45- 6:35 PM



Little Veterinarian School - Inspired Dog Vets: 6 classes
 RR: \$160.00 | BR: \$169.00 | NR: \$176.00

In this 6-week program, students will explore the exciting world of veterinary medicine, focusing on canine health. They'll learn to perform nose-to-tail exams, care for lacerations, understand nutrition, ticks, immunizations, basic surgical skills, and more. Each "Little Veterinarian" will take home a premium stuffed toy dog at the end of the program.



October 7th - November 18th
 (No class: Nov 11th)

- Ages 4-6: 5:00 - 6:00 PM
- Ages 7-12: 6:15 - 7:15 PM

CHILD PROGRAMS

TUESDAY

Volleyball (9-12 yrs): 10 classes

RR: \$236.00 | BR: \$249.00 | NR: \$259.00

Get ready to jump into the exciting world of volleyball! Our Grassroots Volleyball program is the perfect place for kids aged 9–12 to learn the basics of the game in a fun, supportive, and active environment. Whether your child is brand new to volleyball or just wants to build their skills, this program focuses on teamwork, coordination, and confidence through age-appropriate drills and games.

Led by Rampage Volleyball, each session includes warm-ups, skill-building activities (like passing, serving, and setting), and plenty of game play. No experience needed—just bring your energy and a smile!

This Class is also Co-Ed meaning it is both for girls and boys.

September 16th - December 2nd

(No class: Sept 30th, Nov 11th)

Time: 4:30 - 5:30 PM



CHILD PROGRAMS

WEDNESDAY

Young Rembrandts: 12 classes

RR: \$215.00 | BR: \$228.00 | NR: \$237.00

Young Rembrandt's art classes teach foundational drawing skills essential for artistic development. Through step-by-step instruction, children build techniques to express creativity, boost confidence, and strengthen self-esteem. Participants will see improved art skills, enhanced learning abilities, and a deeper appreciation for their creative potential.

September 17th - December 3rd

- Pre-School (Ages 3.5-5 yrs): 5:00 - 5:45 PM
- Elementary (Ages 6-10 yrs): 6:00 - 7:00 PM



Basketball Hoopla: 10 classes

RR: \$173.00 | BR: \$183.00 | NR: \$190.00

Kids who love basketball will build their skills and knowledge through fun games, drills, and activities. Led by Coach Will Prince, this program supports all skill levels with adaptable instruction. Each session encourages teamwork, confidence, and a lasting passion for the game—leaving kids motivated to keep improving.



September 17th - December 3rd

(No class Nov 12th, Nov 19th)

- Ages 5-7: 5:00 - 5:50 PM
- Ages 8-10: 6:00 - 6:50 PM
- Ages 11-14: 7:00 - 7:50 PM

CHILD PROGRAMS

THURSDAY

Badminton (10-13 yrs): 12 classes

RR: \$191.00 | BR: \$202.00 | NR: \$211.00

Dive into the world of badminton with our expert instructor, where students develop and perfect essential fundamental movements. From honing serves, smashes, and drop shots to understanding court positioning, this program provides a thorough exploration of badminton basics.

September 18th - December 4th
Time: 5:30 - 6:20 PM



Strong Girls: 12 classes

RR: \$192.00 | BR: \$202.00 | NR: \$211.00

Strong Girls Fitness is designed for girls to help develop a positive body image and confidence through a great workout with new friends. All movements are functional to everyday life and only use body weighted exercises. While enjoying and learning about the importance of staying active.

September 18th - December 4th

- Ages 5-7: 5:30 - 6:30 PM
- Ages 8-11: 6:30 - 7:30 PM
- Ages 12-14: 7:30 - 8:30 PM



CHILD PROGRAMS

THURSDAY

Intro Karate (6-9 yrs): 12 classes

RR: \$207.00 | BR: \$219.00 | NR: \$228.00

This introductory Shotokan Karate course is a fun way to stay active while building confidence and learning self-defense. Students will cover basic martial arts principles like punches, blocks, kicks, and katas (routines), with games and partner work to keep it engaging while promoting discipline.

September 18th - December 4th

Time: 5:30 - 6:20 PM



CHILD PROGRAMS

SATURDAY

Multi-Sport: 12 classes
RR: \$239.00 | BR: \$253.00 | NR: \$263.00

Sportball Multi-Sport skills development programs introduce preschool and primary school children to the concepts and skills involved in the eight core sports of the Sportball methodology. The programs reinforce the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain the confidence and develop the social skills necessary to succeed in sport and life.

September 27th - December 13th

- Ages 16 - 24M (Parented): 9:10 - 9:50 AM
- Ages 2-3 (Parented): 10:00 - 10:40 AM
- Ages 3-5: 10:50 - 11:45 PM



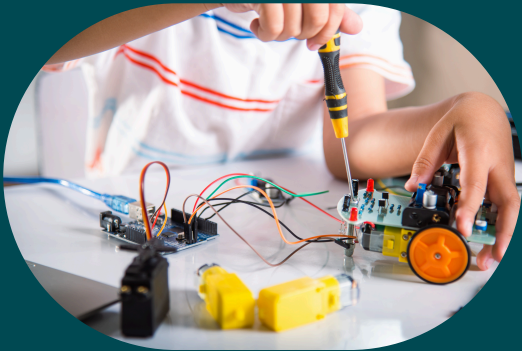
CHILD PROGRAMS

SATURDAY

Engineering For Kids (5-7 yrs): 6 classes

RR: \$136.00 | BR: \$144.00 | NR: \$149.00

Young minds will dive into the exciting world of engineering as they invent machines and explore creative design solutions using the Engineering Design Process. From brainstorming to building, these budding engineers will design, construct, and test hands-on projects such as candy catapults, simple flashlights, poppers, and kaleidoscopes—and even create their own slime!



November 8th - December 13th

Time: 12:00 - 1:00 PM

Engineering For Kids (8-12 yrs): 6 classes

RR: \$203.00 | BR: \$215.00 | NR: \$224.00

Step into the world of mechatronics engineering and unleash your creativity with our Mechatronics and Sphero Robotic concepts! In this hands-on experience, kids will design, build, and program their own robots, gadgets, and machines, from self-driving vehicles to art machines and even a Chain Reaction Contraption!

November 8th - December 13th

Time: 1:30 - 3:00 PM



ADULT PROGRAMS

MONDAY

Pickleball: 9 classes

RR: \$227.00 | BR: \$240.00 | NR: \$250.00

Perfect for those new to the game, this program is designed for participants who have never played pickleball before and are eager to step onto the courts for the first time! They'll learn sound fundamentals and techniques while having fun. The program covers correct technique, scoring, rules, strategies, and efficient footwork.

September 29th - December 1st

(No Class Oct 13th)

Time: 7:15 - 8:15 PM



Zumba: 11 classes

RR: \$219.00 | BR: \$232.00 | NR: \$241.00

Zumba is a high-energy fitness program with music and dance moves suitable for ages 16+ and all fitness levels. Join our vibrant classes for a fun way to burn calories, improve cardiovascular health, and tone muscles!

September 15th - December 1st

(No Class Oct 13th)

Time: 7:00-7:45 PM



ADULT PROGRAMS

MONDAY

Mom and Tot Pilates: 9 classes
RR: \$215.00 | BR: \$228.00 | NR: \$237.00

Mom Club Mat Class is a supportive, judgment-free space for moms 6 weeks postpartum and beyond. This laid-back mat class focuses on rebuilding core and pelvic floor strength, improving mobility, and gently restoring your body after birth. Babies and toddlers are always welcome — we move, we pause, we laugh, and we tend to little ones as needed. Whether you're newly postpartum or chasing toddlers, you'll get a functional, feel-good workout that meets you where you're at.



September 15th - November 17th

(No Class Oct 13th)

Time: 11:00 AM - 12:00 PM

ADULT PROGRAMS

TUESDAY

Yoga: 8 classes

RR: \$202.00 | BR: \$214.00 | NR: \$222.00

Join us for a welcoming series of yoga classes for all skill levels, ages 18+. Each class uses props like bolsters, blankets, chairs, straps, blocks, and wall support to enhance comfort and accessibility.

- Gentle Yoga for Chronic Pain – Focuses on relaxation, mindfulness, and easing the nervous system.
- Yoga for Healthy Aging – Supports joint health, balance, flexibility, and strength with gentle movement.
- Chair Yoga – A seated and standing practice using a chair to build tone, balance, and breathing awareness.

Please bring your own yoga mat to each class.



September 16th - December 2nd
(No Class Sept 30th, Oct 14/21, Nov 11th)

- Chair Yoga: 12:00 - 12:50 PM
- Yoga For Healthy Aging: 1:00 - 1:50 PM
- Gentle Yoga For Chronic Pain Management: 4:00 - 4:50 PM

Pilates

TBD

Improve your strength, flexibility, and posture with our Pilates Mat classes, suitable for all fitness levels. These classes focus on mind-body awareness, pain reduction, and promoting overall health. Bring your own mat to keep each session challenging and fun!

TBD



Cranston Residents Association

Property owners in the community of Cranston are automatically a member of the Cranston Residents Association (Cranston RA). The Cranston RA is a not-for-profit organization which manages assets owned by the Association for the benefit of Cranston residents.

The Cranston RA annual fees support maintenance of the Century Hall facility and seven acre outdoor park, programmed Cranston RA events, activities, and the Cranston Connect website. The Cranston RA also owns and maintains several decorative corners, the Art Park, the Windmill site and Cranston entry features. Benefits of membership include access to the Century Hall facility and outdoor park, and resident rates for Cranston RA programs and events.

For more information on future Cranston RA programs and events, please visit our website: www.cranstonra.ca or contact us at:

Phone: 403-781-6614

Email: info@cranstonra.ca